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WHAT TO PACK FOR CAMP

PACKING LIST FOR ALL PROGRAMS

Please refer to additional packing lists for specialty programs listed on the next page.

Clothing – Bring enough for your stay at camp.

- Shorts
- T-Shirts
- Underwear (Bring Extra)
- Socks (Bring Extra)
- Long Pants
- Long Sleeved Shirt or Sweatshirt
- 1-2 Bathing Suits
- Pajamas or Sweat Suit
- Warm Jacket
- Bandanas
- Hat with Brim
- Rain Gear – Jacket and Pants or a Poncho
- 2 Pairs Sneakers/Tied Shoes
- Flip Flops or Beach Shoes for Waterfront and Shower

Equipment

- Sleeping Bag or Sheets/Blanket to cover mattress
- Pillow
- Mess Kit or Heavy Plastic Plate, Bowl, Cup, Fork, Knife, Spoon, and Dunk Bag
- Flashlight
- Batteries
- Water Bottle – A MUST!!!
- Beach Towel
- Shower Towel, Face Cloth
- Soap, Deodorant, Shampoo, Toothpaste, Toothbrush
- Stick or Lotion Sunscreen (SPF 15+)
- Stick or Lotion Insect Repellent
- Day Pack or Book Bag
- Bug Netting

Optional Items

- Paper, Addresses, and Stamps
- Camera and Film
- Address Book
- White Cotton T-Shirt to Tie-Dye
- Spending Money for Trading Post (Items range from \$2 - \$30)

Many of the items listed above are available at the council shops located in Middleboro, Waltham and North Andover.

ADDITIONAL EQUIPMENT TO BRING FOR SPECIALTY PROGRAMS

Please bring ALL items listed on the previous page AND the additional items listed below

All Horseback Riding Programs

If this is your camper's first riding experience or she only rides at camp, you do not need to purchase new riding equipment. Camp has equipment to borrow.

- Boots or tie shoes with minimal treads and a defined heel which is no higher than one inch (hiking boots, sneakers and high heeled boots are NOT allowed)
- Extra pair of long pants/jeans
- Riding helmet (optional – camp will supply if needed)

Water, Waves, and Wabasso and NH Traveler

- Extra Bathing Suit
- Small day pack
- Water Shoes or sport sandals – flip flops are not acceptable

All Overnight Hiking or Canoeing Programs

The weather, temperature, precipitation can vary greatly at the locations our trip and travel programs go to. Temperatures can range from 30 – 90 degrees with rain, snow, wind, and of course sunshine. Girls MUST be prepared for ALL weather possibilities. This is for both their safety and enjoyment of their trips. **Please do not send your camper with cotton clothing.** Cotton does not dry quickly, becomes heavy when wet, and results in cold campers. **ALL items on these lists much be brought to camp.** If your camper arrives unprepared for her trip the Camp Director will decide if she should attend. Please contact kpeterston@girlscoutseasternmass.org with any questions you have regarding packing for overnight trips.

New Hampshire Bound

- Hiking boots – sneakers ARE NOT hiking boots (Break in your boots before camp)
- 2-3 Pairs wool or synthetic socks (no cotton)
- Non-cotton/synthetic T-shirts
- Non-cotton/synthetic pants (rain pants/zip off are OK)
- 1 Box gallon size plastic freezer bags (i.e.Ziplocs)
- Fleece Jacket or 100% Wool Sweater
- Waterproof Rain Jacket AND Pants or Durable Poncho
- Warm Hat
- Warm Gloves or Mittens
- Non-cotton compact sleeping bag
- 2 1-liter durable water bottles or bladder
- Larger backpack or frame backpack (optional – camp will supply if needed)
- Compact lightweight sleeping pad i.e. Thermarest (Optional)

Maine Bound

- Hiking boots – sneakers ARE NOT hiking boots (Break in your boots before camp)
- 2-3 Pairs wool or synthetic socks (no cotton)
- Non-cotton/synthetic T-shirts
- Non-cotton/synthetic pants (rain pants/zip off are OK)
- 1 Box gallon size plastic freezer bags (i.e.Ziplocs)
- Fleece Jacket or 100% Wool Sweater
- Waterproof Rain Jacket AND Pants or Durable Poncho
- Warm Hat
- Warm Gloves or Mittens
- Non-cotton compact sleeping bag
- 2 1-liter durable water bottles or bladder
- Compact lightweight sleeping pad i.e. Thermarest (Optional)

New York Bound

- Water shoes or sport sandals
- Fleece Jacket or 100% Wool Sweater
- 2 1-liter durable water bottles or bladder
- Waterproof Rain Jacket AND Pants or Durable Poncho
- 2-3 pairs wool or synthetic socks (No Cotton)
- Non-cotton compact sleeping bag
- 1 Box gallon size plastic freezer bags (i.e.Ziplocs)
- Warm Hat
- Sunglasses (Optional)
- Compact lightweight sleeping pad i.e. Thermarest (Optional)