



**95 Berkeley Street**  
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### **A Typical Day at Runels Resident Camp**

6:30am Wake up for optional morning activities

7:00am – 7:30am Polar Bear early morning swim

7:15am Wake up time for all others

8:00am Morning Flag Ceremony

8:15am – 9:00am Breakfast (Family Style) & Morning Announcements

9:00am – 9:30am Kapers - Girls help clean up their tents, unit and around camp

9:30am – 12:00 pm Morning Activities - Based on what the girls plan when they arrive at camp and their program theme, this could include arts and crafts, games, challenge course, swimming, kayaking, trips out of camp, archery, canoeing, etc.

12:00pm – 1:00pm Lunch (Family Style) & Singing

1:00pm – 2:00pm Camper Time/Unit Time

2:00 – 5:30pm Afternoon Activities - Based on what the girls plan when they arrive at camp and their program theme, this could include arts and crafts, games, challenge course, swimming, kayaking, trips out of camp, archery, canoeing, etc.

5:50pm Evening Flag Ceremony

6:00pm – 7:00pm Dinner (Family Style), Songs and Announcements

7:00pm – 9:00 pm Evening Program – May include dessert cookouts, all-camp activities, night programming, games, badge work, arts and crafts, night hikes, etc.

9:00pm – 9:30pm Getting ready for bed (Actual Bed Time Varies by Age)

Activities will be based upon what the girls plan at the beginning of each session as well as the theme of the program. Each program will include a sampling of swimming, outdoor cooking, boating, arts & crafts and adventure activities.