

A Typical Day at Runels Resident Camp

6:30am	Wake up for optional morning activities
7:00am – 7:30am	Polar Bear Swim
7:15am	Wake up time for all other campers
8:00am	Morning Flag Ceremony
8:15am – 9:00am	Breakfast (Family Style), announcements and songs
9:00am – 9:30am	Kapers (girls help clean up their tents, unit and around camp)
9:30am – 12:30pm	Morning activities based upon what the girls plan and program theme which could include boating, crafts, games, free swim, trips out of camp, archery, drama, etc.
12:30pm – 1:00pm	Lunch (Buffet Style)
1:00pm – 1:45pm	Camper Time (Quiet time in the unit for writing home, reading, and relaxing activities)
1:45pm – 5:30pm	Afternoon activities based upon what the girls plan and program theme which could include boating, crafts, games, free swim, trips out of camp, archery, drama, etc.
5:45pm	Evening Flag Ceremony
6:00pm – 7:00pm	Dinner (Family Style) and songs
6:45 – 7:30pm	Unit Time (May include games, songs, team building activities and planning for tomorrow)
7:30pm – 9:00 pm	All Camp Activity which could include camper choice activities, games, water carnivals, etc)
9:00pm – 9:30pm	Getting ready for bed (Actual Bed Time Varies by Age)

Activities will be based on what the girls plan at the beginning of each session as well as the theme of the program. Each program will also include a sampling of swimming, outdoor cooking, boating, arts & crafts and adventure activities. Girls will go home at the end of the session with a badge sheet listing what badges the girls worked towards that session.

Girl Scouting builds girls of courage, confidence and character who make the world a better place.

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